



Willoughby Elementary School

Newsletter #22 February 11, 2025

20766 – 80th Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

Principal: Mrs. Karin Muuren

Vice Principal: Mrs. Lara Gray

Administrative Assistant: Mrs. Mya Bainbridge



Upcoming Events

February 14:	Valentine's Day/Spirit Day: Pink, Red and Purple Day
February 17:	Family Day – No school
February 21:	Hot Lunch & Treat Day – Krispy Kreme
February 24:	Design and Assessment Day – No students in attendance
February 25-28:	Respect and Diversity Week
February 26:	Pink Shirt Day
March 3- 7:	SIC & Scholastic Bookfair
March 5:	2-hour Early dismissal 12:30 PM
March 6:	Full Day conferences – start at 9 AM
March 14:	Last Day before Spring Break
March 14:	Spirit Day (anything but a backpack) & Hot Lunch & Pop Corn Day
March 31:	Schools Re-open after Spring Break



Important Reminders

February 14 - Valentine's Day/Spirit Day: Pink, Red and Purple Day

February 21 Treat Day- Krispy Kreme

February 17 – Family day – No school

February 18 – School Appointments open. Please book your appointment as this will be your child's opportunity to share their learning.

Term Two Student Inclusive Conferences (SICs)

Our teaching staff is getting ready to start planning Term Two's student-inclusive conferences. During their conference, your child will share their successes and set goals with you and their teacher(s) for the remainder of the school year. Our School Appointments website will open for bookings at 8:00 am on Tuesday, February 18 and close at 12:00 pm on March 2. Our conference window will be from March 3 to March 7. It is very important that you sign up for a time to meet with your child and their teacher(s) as the conference will replace the traditional Term Two report card formerly published on MyEDBC.



Your child will bring a “Family Reflection” form home shortly. The due date will be written on it by the teacher.

Please note the following:

- March 5 – Two-hour early dismissal (12:30 pm) for student-inclusive conferences; **all students will eat their lunch at school at noon;**
- March 6 – Student Inclusive Conference Day (non-instructional day)
- Individual teacher conference days/times will vary during our one-week window (e.g., some teachers may choose to have before school appointments while others may not; teachers may not have appointments available on every day during the conference window)

Online conference bookings will open at 8:00 am on Tuesday, February 18 You DO NOT need to register for a new account if you created one for Term One SICs

<http://willoughby.schoolappointments.com>

School Appointments - Parent Instructions

1. Go to our school appointments website: <http://willoughby.schoolappointments.com>
2. Log on using your User ID and password from Term One.
3. Click the “**date**” icon beside each child’s name to schedule appointments. Select the teacher you wish to book an appointment with and click the “**View Calendars**” button.
4. Click on any available time slots (white spaces) to book your appointment.

To register for an account:

1. Click the “**REGISTER**” menu tab and fill in the online form. Choose a User ID and password for yourself and then click the “**Register Now**” button.
2. Add your children to the system by clicking the “**Add a Student**” button. Click the “**Insert New**” button to add more children.



Schedule Your
APPOINTMENT



THANK YOU to all those who came and to all those who volunteered to help with the event. The kids had so much fun, and it could not have been possible without the help of parents/guardians who organized, set up, facilitated, and cleaned up for this event.



Student Item Drop off:

We have made a new procedure for student items being dropped off. There is a table beside the office, with tape/post-it notes & Markers, and a clipboard with a list for the student info.

Please label all items with:

First and Last Name
& **Division or Teacher**

Students will be called at the following times to collect their items:

10:00am & 11:30am

Please also add your child's name and teacher to the list provided.

If you know you will be dropping something off for your child, you can also let them know to check the table – and they can collect it themselves at any time.

As we have a large number of drop offs this is greatly appreciated.

~Sincerely, Willoughby Office





February Health Messaging – Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for February is sexual health.

Sexual Health Information (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner

Fraser Health about sexual health for school-aged children and youth. Please see below for helpful reminders to support your child.

Healthy Childhood and Youth Development includes Sexual Health

Learning about sexual health, including understanding your body and its changes, health conditions, personal hygiene, healthy relationships, consent and sexuality, are all part of growing up. Talking about sexual health can allow young people to identify their values and develop skills that promote healthy decision making and sexuality.

How do I Teach My Child about Sex and Sexuality?

Talking to your children about sexual health is important. Establishing an open and trusting relationship with your child will help them know they can come to you for honest answers to their questions about sex and sexuality.

*For help on how to talk to your child and what to include about sexual health take a look at the following information: **[Sexual education for children – Fraser Health Authority](#)***

*Learning about sexual health also means understanding sexual orientation and gender identity (SOGI). Look at these two resources for more information: **[Sexual orientation, gender identity and gender expression; Parents' Guide to SOGI in Schools / SOGI 1 2 3](#)***

Youth Clinics

*Let your child know about our youth clinics. These clinics are located across the Fraser Health region and provide free, confidential information and education regarding sexuality and health to youth up to 21 to 24 years old (age varies by site). Learn more about the services available at youth clinics: **[Youth clinics - Fraser Health Authority](#)***

openparachute

Open Parachute Virtual Parent Night Presentations

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson from ***Open Parachute***, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The ***previous session*** is not a pre-requisite for this session.

Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

Participants must register in advance. Session dates are:

- ***February 20, 6:00-7:30 pm PST***
- ***February 25, 6:00-7:30 pm PST***
- ***February 26, 6:00-7:30 pm PST***

Please share this information within your school community to reach parents, guardians, and caregivers of all ages.

If you have any questions, please email the Mental Health and Substance Use team at ***educ.mentalhealth@gov.bc.ca***.

Y-Minds: FREE Program for Teens, Youth, and Adults

Y Mind is a FREE seven-week group program for teens, youth, or adults who are managing mild-to-moderate anxiety, stress, or worry. Two facilitators guide the group through evidence-based coping strategies based on Acceptance and Commitment Therapy (ACT), mindfulness, and self-compassion. Group sizes are kept small, with 8 to 12 participants per group to facilitate peer support and connection.

Participants may self-refer, no diagnosis of anxiety is needed, and you do not need to be a YMCA member. All Y Mind Teen and Y Mind Youth participants receive a free YMCA membership for up to 14 weeks, including 10 free guest passes to bring a friend to the Y.

To join Y Mind, you must first register for an information session where you will meet the group facilitators and complete an intake for the program. Spaces are limited, so inquire ASAP to guarantee your spot at an information session.

https://forms.office.com/pages/responsepage.aspx?id=snyDnhYL3E2wNRMe5Joq_bfrfMlzExBJnS5Hx4AQGFdUM0qzRjg5SjhLMDMzRzIzRVdDU1FWSEQxUyQIQCN0PWcu&route=shorturl

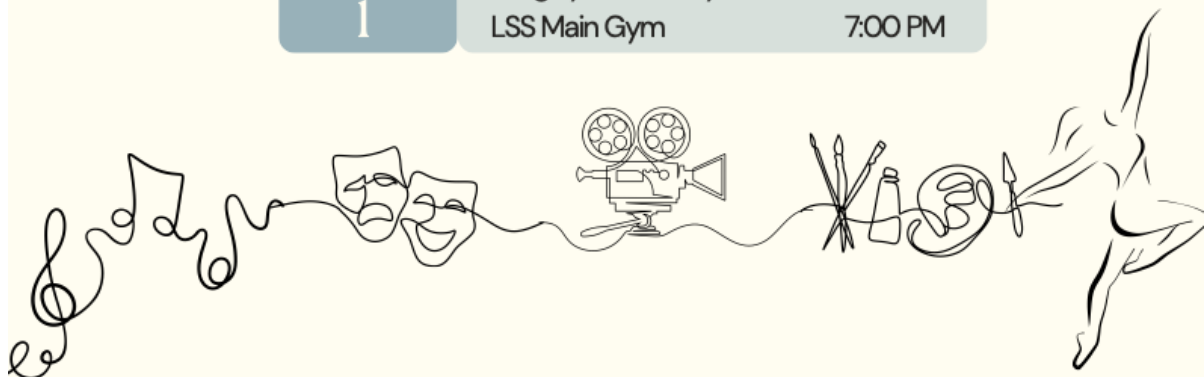
The Arts are alive and well in Langley schools! Please check out the poster at the link below for a quick glance and overview of all of the amazing Arts events and activities happening across schools in the Langley School District in February!

THIS MONTH IN THE ARTS

February



19 / 20	NIGHTS OF DANCE The Bus Stops Here Langley Fine Arts School Chief Sepass Theatre 7:00 PM
19-22 26- MARCH 1	HADESTOWN Brookwood Secondary School Brookwood Theatre 7:00 PM
22	JAZZ & JAVA RE Mountain Secondary MTN Main Gym 7:00 PM
27 / 28	NIGHTS OF MUSIC Langley Fine Arts School Chief Sepass Theatre 7:00 PM
27- MARCH 1	THE LIGHTNING THIEF The Percy Jackson Musical Langley Secondary School LSS Main Gym 7:00 PM



Virtual Family Math Day - February 22, 2025

The Department of Curriculum and Pedagogy in the Faculty of Education at UBC is hosting a virtual Family Math Fair on Saturday, February 22nd from 10 am - 11:30 am. UBC Faculty of Education Graduate Students and Teacher Candidates will engage students, teachers and parents in Hands-On, Minds-On Math Activities for all ages. Click on the link to the poster below for more information.



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Education
Department of Curriculum & Pedagogy



For Curious and Inquiring Minds



Photo credits left and right: Paul Joseph|UBC Brand and Marketing

Virtual Family Math Fair

Saturday Feb 22, 2025, 10:00am - 11:30am PT

Virtual through Zoom with
UBC Faculty of Education Graduate Students and Teacher Candidates



Photo credits above: Janice Novakowski

Sat Feb 22, 2025
10:00am-11:30am PT




Hands-on Minds-on
Math Activities for all Ages!

All Welcome: Families, Teachers, Parents
Event FREE! | Registration Required

For more info and to register:

<https://tinyurl.com/UBCFamilyMathFair2025>



Willoughby
Elementary
PAC



TREAT DAY

FEBRUARY 21

**PRE-ORDER BOXES NOW ON
[MUNCHALUNCH.COM/SCHOOLS/WILLOUGHBY/](https://munchalunch.com/schools/willoughby/)**

PRE-ORDER BY FEBRUARY 14

SINGLE DONUTS WILL BE FOR SALE ON FEB 21 AFTER SCHOOL.

PRE-ORDERED BOXES CAN BE PICKED UP ON FEB 21.

\$15/DOZEN

\$2/DONUT

**RAISING FUNDS FOR
CLASSROOM ENHANCEMENTS**