



Willoughby Elementary School

Newsletter #21 February 4, 2025

20766 – 80th Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

Principal: Mrs. Karin Muuren

Vice Principal: Mrs. Lara Gray

Administrative Assistant: Mrs. Mya Bainbridge



Upcoming Events

February 7:	Hot Lunch and Colour the Night Winter Party – PAC
February 10:	Pro D – No students in attendance
February 10:	Stay Safe course for students – PAC
February 14:	Spirit Day: Pink, red, and white Day
February 17:	Family Day – No school
February 21:	Hot Lunch & Treat Day – Krispy Kreme
February 24:	Design and Assessment Day – No students in attendance
February 25-28:	Respect and Diversity Week
February 26:	Pink Shirt Day
March 3- 7:	SIC & Scholastic Bookfair
March 5:	2-hour Early dismissal 12:30 PM
March 6:	Full Day conferences – start at 9 AM
March 14:	Last Day before Spring Break
March 14:	Spirit Day (anything but a backpack) & Hot Lunch & Pop Corn Day



REMINDER

Feb 7 – Hot Lunch & Colour the Night Winter Party 6-8 PM- PAC

Feb 10 - Pro D – No students in attendance

Student Inclusive Conferences



Our teaching staff is busy getting ready for our student-inclusive conferences. During the conference, your child will share their second-term successes as well as set goals with you and their teacher(s) for the remainder of the school year. Our School Appointments website will open for bookings on February 18. Our conference window will be from March 3 to March 7. It is very

important that you sign up for a time to meet with your child and their teacher, as the conference will take the place of the traditional report card. Soon, your child will bring home a “Family Reflection” form that needs to be completed and returned to school by February 21 or earlier.

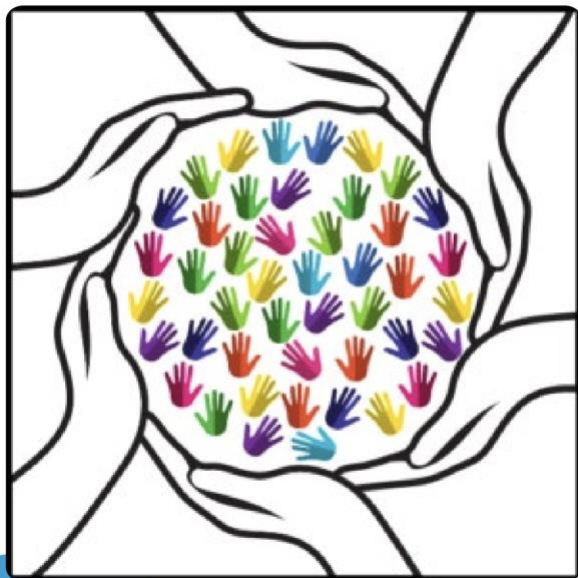
Please note the following:

- March 5 - Two-hour early dismissal (1:30 pm)
- March 6 - Student Inclusive Conference Day (non-instructional day)
- Individual teacher conference times will vary during our week conference window e.g., some teachers will have a time slot before school and then again after school starting at 3 pm.
- School appointments will open on February 18 for parents to sign up for a meeting with their child's teacher. Just a reminder that your child accompanies you to the appointment.
- Ensure you have created an account on our School Appointments website:
<https://willoughby.schoolappointments.com>

Black History Month



As we enter February, we are proud to recognize and celebrate Black History Month. This is a time to honour the significant contributions and achievements of Black individuals throughout history and to reflect on the ongoing journey toward equality and justice. We encourage our community to engage in meaningful conversations and activities that highlight the rich cultural heritage and history of Black people. Thank you for your support in fostering an inclusive and respectful environment for all.



Gifts and Gatherings (Ready, Set, Learn) Dates Still to Come This Year

Donna Gabriel Robins Elementary

Wednesday, February 5
Wednesday, April 2

Douglas Park

Wednesday, February 12
Wednesday, April 9

Langley Meadows

Wednesday, February 19
Wednesday, April 16

Simonds

Wednesday, March 5
Wednesday, April 30

West Langley

Wednesday, March 12
Wednesday, May 7

Parkside

Wednesday, February 26
Wednesday, April 23

PAC Monthly Newsletter

The latest news and updates for parents of Willoughby Elementary

Hello Willoughby Families,

February may be a short month, but we are not short on PAC events and fundraisers this month! All of our hot lunches, dances, fundraisers, and special initiatives require parent involvement to be successful! Consider volunteering at an upcoming event or hot lunch, or help out behind the scenes with planning.

The school Administration and Parent community are hoping to organize some new intermediate playground equipment! In order to make this happen, we will require a team of parents to help oversee the project. If you are interested in learning more, please email us!

- PAC Executive Team (willoughbypac@gmail.com)

SCHOOL SPIRIT DANCE PARTY FRI FEB 7 | 6-8PM

An exciting evening filled with dancing, fun, and games!
Tickets will be for sale at the door.
(\$5 for students and \$2 for parents).
Concession, including pizza, will be available.



TREAT DAY FRI FEB 21



\$15/dozen
\$2/donut

Pre-order boxes of one dozen donuts:
now until Feb 14, on MunchaLunch.

Single donuts on sale Feb 21, at the back of the school.



Wear your pink shirt on Wed Feb 26!

Thank you for purchasing your pink shirt through the PAC. Our Grade 5 students worked hard on their creative designs!

We were able to donate \$106 to the CKNW Kid's Fund!

Willoughby
Elementary



FEBRUARY 2025

PAC MEETINGS

Meetings are a great opportunity to meet other parents and get to know more about the fun things our children do at school. You have a voice in advocating for what you want to happen in your child's school and what the PAC does.

Next meeting:

Monday, April 28 at 6:30 pm in the Learning Commons.

UPCOMING DATES

Jan 26-Feb 2 School Family Literacy Week

Feb 7 PAC Event: School Spirit Dance Party

Feb 7 PAC Hot Lunch: Golden Medal Chinese and Cobs (order by Jan 28)

Feb 10 School Pro-D, no students in attendance

Feb 10 PAC Sponsored: Stay Safe Course

Feb 14 School Spirit Day: Pink, Red, & White Day

Feb 17 Family Day, no school

Feb 21 PAC Hot Lunch: Streats (order by Feb 11)

Feb 21 PAC Treat Day: Krispy Kreme

Feb 24 School Design and Assessment Day, no students in attendance

Feb 25-28 School Respect and Diversity Week

Feb 26 Pink Shirt Day

May 9 PAC Fun Fair

HOT LUNCH

Order here:

munchalunch.com/schools/willoughby



WILLOUGHBYPAC@GMAIL.COM



WWW.WILLOUGHBYPAC.CA



FACEBOOK.COM/WILLOUGHBYELEMENTARYPAC

Deepening our Understanding of Emotion Regulation – Supporting our Young People with their Big Emotions.

February 12 @ 6:30 pm - 8:00 pm PST

empowering parents

ONLINE EVENT

connect + learn

Have you ever found yourself looking at your child's emotional outburst and thinking, "What the heck is happening?" or "This doesn't make any sense," or "What on earth are they so upset about – it's not that big a deal?" If so, you are certainly not alone! Many parents describe feeling as though they're walking on eggshells or avoiding taking their children out in fear of an emotional 'meltdown' which can be embarrassing, upsetting, and can lead to some pretty big emotions for the grown ups as well.

If this sounds like you, or like someone you care about, please join us for an evening filled with information about what can lead to big emotions and for some concrete strategies for responding skillfully to those situations. Nicole will join us live on Zoom to lead us through an evening of learning which will expand upon some key points including:

- Understanding emotion dysregulation as a skills deficit, and identifying strategies to grow those skills.
- How to anticipate when big emotions will occur, and exploring specific skills for responding to it.
- Understanding how the principle of attunement can be a roadmap for finding solutions that will work for you and your family.
- Hoping for the best, planning for the worst – so that everyone knows what to expect.
- How to repair the relationship when it's all gone wrong.

Please join us live online for an evening filled with information, reflection, and no doubt a good amount of laughter as well.

Speaker: Nicole Allen is a Registered Clinical Counsellor, mom, wife and dog lover who, over the past decade, has worked with young people and their caregivers to build relationships and emotion regulation strategies, especially in times of mental health crisis. Nicole has private practices in Abbotsford and Fort Langley.

This event will be hosted on Zoom.

The presentation will begin at 6:30 pm and end at 8 pm Pacific Time.

Please note: The event is free. Registration is required and limited.

With gratitude, FamilySmart would like to acknowledge the generosity of the Ministry of Children and Family Development for sponsoring this event.

Register Already registered?

[Register](#)