



Willoughby Elementary School

Newsletter #3 September 17, 2024

20766 – 80th Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

Principal: Mrs. Karin Muuren

Vice Principal: Mrs. Lara Gray

Administrative Assistant: Mrs. Mya Bainbridge



Upcoming Events

September 19:	Meet the Teacher Evening 6 PM
September 20:	Terry Fox Run
September 21:	International Day of Peace
September 25:	Boundary info night for the community - Gym
September 26:	Individual Photos
September 27:	Hot Lunch
September 27:	Orange Shirt Day at school
September 30:	National Day for Truth and Reconciliation – No students in session
October 4:	School Improvement Day – No students in session
October 11:	Hot Lunch
October 14:	Thanksgiving Day – School not in session
October 17:	Great Shake out
October 24:	Halloween Dance - PAC
October 25:	Pro D – No Students in session
November 1:	Hot Lunch



Reminders

- **Our Meet the Teacher Evening for Gr. 1 – Gr 5 is Thursday evening from 6-7 PM.**
Please come to our gym, where you will be introduced to our teachers. You will then have the opportunity to visit the classes with your children and meet the teacher. There will be Food Trucks available starting at 5 pm and you will be able to visit the Food Trucks after meet the teacher night until 8 pm.
- **Friday, September 20 - Terry Fox Run – Please donate \$2 cash or online**
- **All school fees for all grades have been posted on Schoolcash online.**
- **Grade 5 Special Hoodie orders are due this Friday.**

FOUND!!



These keys were found. If they belong to you, please visit our office and see Mrs. Bainbridge.

Photo Day September 26

Parents are encouraged to stay in the know by signing up for photo day reminders, date changes, and notifications regarding proofs at edgeimaging.ca/photoday. Any additional questions related to photo day are likely addressed in our FAQ section at edgeimaging.ca/FAQ.



Catchment Boundary Changes REMSS Family of Schools (Elementary)

The district is excited to be opening a new elementary school in the Northeast Latimer area of Langley. Ahead of September 2025, the District is communicating the catchment boundary change process which could impact children attending elementary schools in the R.E. Mountain family of schools. There will be NO changes to the catchment boundaries for R.E. Mountain Secondary, Peter Ewart and Yorkson Creek Middle schools. However, the District welcomes all families in the Willoughby Slope region to attend an info session, ask questions, and provide feedback.



Attend this info session to learn more about the proposed changes, ask questions, and provide feedback.

Location: WILLOUGHBY ELEMENTARY

Date: SEPTEMBER 25, 2024

Time: 6:30PM

If you have any questions about the info session, please contact the school. If you have questions about the catchment boundary process, please email: feedback@sd35.bc.ca

Back to School Immunization – Fraser Health

The district's community partner Fraser Health is sharing important information with families regarding Vaccination Status Reporting and Regulation (VSRR). Families are encouraged to review the following newsletter to help keep our community health and safe:



Keep Immunizations Up to Date - Elementary

For other languages read [here](#).



Child Day Event at Church in the Valley – October 4, 2024

A free one-day expo that aims to connect families of pre-K learners with important resources is planned for next month. Child Day will be held on Friday October 4 from 10:00 a.m.-1:00 p.m. at

Church in the Valley, and will feature community agencies, a marketplace, door prizes and more. See attached poster for details and ticket information or learn more here:

<https://buytickets.at/inclusionanglesociety/1302946>

Friendly reminders:

We are not allowed to have parents in our hallways while school is in session. If you are coming to pick up your child at the end of day, please walk around the school and wait by the outside classroom door.



If you must pick up early – please notify the office ahead of time. We will do our best to have your child waiting for you in the office for the time you require. The child **MUST** be signed out by an authorized person.

Washrooms: Adults are **NOT ALLOWED** under any circumstances to use the student washrooms. This is for everyone's safety. If you need to use a washroom or have a small child with you that needs the washroom, please use the washroom we have designated for this.

MEET THE TEACHER EVENING



On Thursday evening from 6 – 7 PM is our annual Meet the Teacher evening. We will begin the evening in the gym. After we introduce our staff you will be invited to visit your children's classrooms to meet their teacher(s). A

bell will ring when it is time to change to your other child's class.

Please note: Teachers will discuss individual students at November's parent/teacher conferences.

Terry Fox Run



This week, our students are learning about Terry Fox and why he is a hero to us all. It is so important to us to make the students aware of our “why” and why we take part in certain activities at school. The students learned that Terry ran his Marathon of Hope and was determined to make everyone aware of cancer research while he faced his own battle with cancer.

Students discussed their own reasons for running and some even dedicated their running effort to someone they know who is a survivor or dealing with cancer.

On Friday our students will take part in their own Terry Fox run. Parents are welcome to join us outside on the field at 1:45 PM.

We will reveal the final amount raised for the Cancer Foundation in next week's newsletter. Thank you very much to all parents who are donating to this worthy cause. Please send your child with a Toonie to contribute to the Terry Fox Foundation. Online donations are open until Friday, September 27 on school cash online. All monies raised will be forwarded to the Terry Fox Foundation to further the cause of cancer research. Let's keep Terry's dream alive to find a cure for cancer!

Every Child Matters: National Truth and Reconciliation Day/Orange Shirt Day on Friday, September 27

National Truth and Reconciliation Day/Orange Shirt Day is a National Event to honour the Survivors of Residential Schools. To honour survivors of residential schools, staff will be wearing orange shirts to support this important day. We encourage our students to also wear orange on Friday, September 27. If you'd like to learn more about Phyllis Webstad's story (the person who inspired Orange Shirt Day), visit <http://www.orangeshirtday.org>.

We hope that you will discuss Residential Schools with your own children in an age-appropriate way. The legacy of the Residential Schools is real and overwhelming. We hope you and your children participate with the staff at Willoughby Elementary by wearing an orange shirt on Friday!



Controlled Release Drill or Reunification Drill

During the Great Shakeout in October, we will be conducting a controlled release drill to practice our preparedness for significant emergencies where we might have to release students one at a time directly to their guardians or other emergency contacts. **ONE** class in the whole school will be participating in the fully controlled release drill. To do this, we need to know who a safe, nearby pickup contact for each child in the school is. Emergency Release Form will be sent out soon. Remember that these are the contacts who can pick up your children in the event of a major emergency that might prevent you from getting home (of course, we hope this doesn't happen in any of our lifetimes). Specific detailed information will be communicated with the class involved shortly.



SCHOOL DRIVE-THROUGH AND PARKING

We ask that you be patient when dropping your children off and picking them up at school. Remember to be an example for your children. They look and learn from us. We have a very busy

parking lot. Please DO NOT park in the drop-off or pickup lane. Please use the church parking lot across the street and walk your child over at the traffic light. Please do not jaywalk. Please DO NOT park on the drive through lane on 80th Avenue. This causes a traffic hold up. Please use assigned crosswalks and do not cut through the parking lot. Please stay on the sidewalk.

WHY A GOOD NIGHT'S SLEEP IS SO IMPORTANT!

Did you know research shows that today's children get on average an hour less sleep each night than they did 30 years ago? Because children's brains are a work in progress until the age of 21, and much of that work is done while asleep, this lost hour appears to have an impact on children it simply doesn't have on adults. It has been proven that fatigue can lead to poor school performance and negative behaviour, not to mention morning (and even all-day) grumpiness.

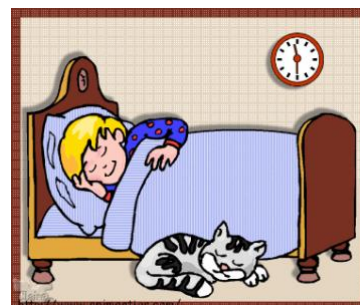
Sleep is so important for good health and to keep children feeling their best. Lack of sleep affects children's learning and how they get along with others. Children need about 9-10 hours of sleep a night. If this is a concern or, if you have a hard time waking your children in the morning, try moving bedtime a half hour earlier until you find a time that leads to their ability to wake independently or, at least without a fight. Have your child go to bed at this same time every night and rise at the same time every morning, even on the weekends to help them stick to a routine.

How do I help my child get enough sleep?

- ◆ Set a regular bedtime routine
- ◆ Have a quiet time 30 minutes before bedtime (read, warm bath)
- ◆ Avoid caffeine soft drinks and chocolate
- ◆ Have a cool, dark, quiet room

What if I have concerns about my child's sleep?

- ◆ Talk to your family doctor
- ◆ Contact your public health nurse at your local health unit
- ◆ Check out the BC Health Guide online www.bchealthguide.org





Updates from the PAC



The September PAC Newsletter is below.

Thursday, September 19 from 5-8pm - Welcome Event

- In conjunction with Meet the Teacher Night.
- Join us to kick off the new school year. Meet other parents. Food trucks will be onsite.

Wednesday, September 25 - Special Presentation: Langley School District Assistant Superintendent

- 6:30pm at Willoughby Elementary School in the gymnasium
- All parents and guardians are welcome!
- Learn more about catchment boundary changes for Northeast Latimer neighbourhood on the Willoughby Slope in September 2025.
- There will be a 30 min presentation, followed by 15 mins of Q & A. After that, there will be an opportunity to sign up to help with upcoming PAC events and fundraisers.

Community Values Coupon Books are now on sale!

- All students received a package with information plus a coupon book
- This is not a free book! Please purchase your book or send back to the school ASAP
- Purchase on MunchaLunch: <https://www.munchalunch.com/schools/willoughby/>
- On sale September 16-October 1.

Hot Lunch, Friday, September 27

- Pizza Pizza
- Orders close on September 17.
- Order on MunchaLunch: <https://www.munchalunch.com/schools/willoughby/>
- Volunteers needed from 11:45am-1pm on the 27th. Please email us if you can help: hotlunchwilloughby@gmail.com

PAC Monthly Newsletter

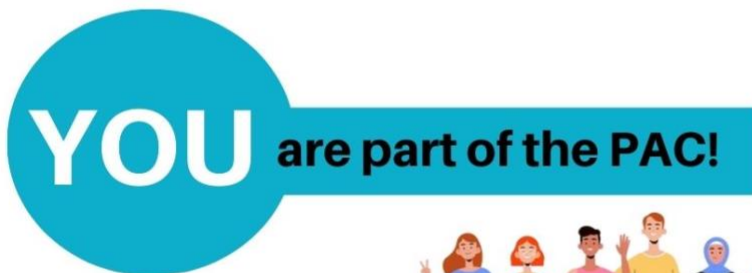
The latest news and updates for parents of Willoughby Elementary



Welcome back to all returning families and welcome to all the new families! We hope you all had a great summer. Stay connected with the PAC by following our PAC website and Facebook page. Monthly newsletters are also emailed for more information.

We look forward to this year's exciting events such as hot lunch days, treat days, Halloween dance, pancake breakfast, and the Fun Fair. Please consider getting involved in any way to make these events happen. We're excited to meet you at the Welcome Event on September 19!

- PAC Executive Team



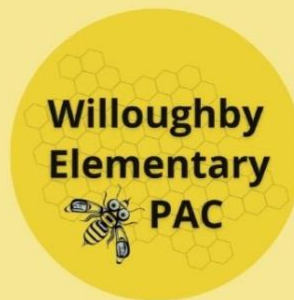
All parents/caregivers are members of the Willoughby Parent Advisory Council (PAC).

There are many ways for us to get involved in the school, such as volunteering at:

- hot lunches (lunch hour)
- treat days (after school)
- movie nights (evenings)
- grocery shopping for hot lunch (done anytime)
- Fun Fair (pre-planning and day-of)
- updating our website, designing flyers, updating Facebook posts (done anytime)
- attending PAC meetings



The full PAC calendar was sent home with students last week, and can be found on our website. If you can volunteer your time, please email us: willoughbypac@gmail.com.



SEPTEMBER 2024

PAC MEETINGS

Meetings are a great opportunity to meet other parents and get to know more about the fun things our children do at school. You have a voice in advocating for what you want to happen in your child's school and what the PAC does.

Next meetings:

- Mon Sept 16 - PAC Meeting
- Wed Sept 25 - Special presentation from the Langley School District Assistant Superintendent
- Mon Nov 18 - PAC Meeting

UPCOMING DATES

Sept 6 & 13 PAC Treat Day: Freezie Friday
(weather-dependent)

Sept 16 PAC Meeting at 6:30pm

Sept 19 PAC Welcome Event (5-8pm) and Meet the Teacher night

Sept 20 Terry Fox Run

Sept 25 Special Parent Meeting at 6:30pm

Sept 26 Individual School Photos

Sept 27 Orange Shirt Day

Sept 27 PAC Hot Lunch: Pizza Pizza (order by Sept 17)

Sept 30 National Day of Truth and Reconciliation (school closed)

Oct 4 School Improvement Day

Oct 11 PAC Hot Lunch: Streats (order by Oct 2)

Oct 14 Thanksgiving Day

Oct 17 Great Shake Out

Oct 24 PAC Halloween Dance

Oct 25 Pro-D Day

HOT LUNCH

Order here:

munchalunch.com/schools/willoughby



PAC Monthly Newsletter

The latest news and updates for parents of Willoughby Elementary

HOT LUNCH



Hot lunch can be delivered directly to your child at school! The online lunch ordering system is open: <https://munchalunch.com/schools/willoughby/> You can order hot lunch for your child for all the dates this year. Full ordering details were sent home with students last week. For any questions, you can reach out by email: hotlunchwilloughby@gmail.com.

PAC EXECUTIVE TEAM

Chair: Erika

Co-Chair: Natalie

Secretary: Analisa

Treasurer: Katie

DPAC Rep: Laura

Members-at-Large: Amanda, Brooke, Katrina

PAC LIAISONS

We are looking for a parent from each class to help strengthen our communication and community in our school. Parent volunteers will share important updates and information from the PAC to your class.

Please email us to sign up or learn more:
willoughbypac@gmail.com

THANK YOU

A group of parent volunteers watered the trees around the school this summer. Thank you for helping to keep our trees healthy and our school beautiful!



Willoughby
Elementary
PAC



SEPTEMBER 2024

FUNDRAISING

COUPON BOOKS



On sale Sept 16-Oct 1.

A flyer with more details was sent home with students. The coupon book can be purchased on MunchaLunch or returned to school.

SPIRIT WEAR

Online ordering is open on MunchaLunch.

Team colour shirts and Willoughby hoodies, full zips, sweatpants, and drawstring bags are available for purchase from September 10-24.



PAC Monthly Newsletter

The latest news and updates for parents of Willoughby Elementary

Willoughby
Elementary



PAC

SEPTEMBER 2024

ONGOING
FUNDRAISERS

mabel's labels



Get name labels from Mabels Labels while supporting Willoughby Elementary! Order online at campaigns.mabelslabels.com and search for Willoughby Elementary PAC (Langley)

Sept 2024-2

Mention Willoughby Elementary School when you purchase your items at the Willowbrook location and a portion of your sale will come back to the school as a donation at the end of the year.



COBS

Willoughby Elementary is part of the Dough Raiser Program at Walnut Grove and Willoughby locations. Mention Willoughby Elementary School when you purchase your items and 5% of your sale will come back to the school as a donation at the end of the year.



Keep an eye out for the next fundraiser:

FündScrip™

Gift cards in November, in time for your holiday shopping needs!