



Willoughby Elementary School

Newsletter #2 September 10, 2024

20766 – 80th Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

Principal: Mrs. Karin Muuren

Vice Principal: Mrs. Lara Gray

Administrative Assistant: Mrs. Mya Bainbridge



Upcoming Events

September 13:	PAC Freezie Day \$2
September 16:	PAC Meeting 6:30 PM in the Learning Commons
September 16:	First Full Day for K students
September 19:	Meet the Teacher Evening 6 PM
September 20:	Terry Fox Run
September 21:	International Day of Peace
September 25:	Boundary info night for the community - Gym
September 26:	Individual Photos
September 27:	Hot Lunch
September 27:	Orange Shirt Day at school
September 30:	National Day for Truth and Reconciliation – No students in session
October 4:	School Improvement Day – No students in session
October 11:	Hot Lunch
October 14:	Thanksgiving Day – School not in session
October 17:	Great Shake out
October 24:	Halloween Dance - PAC
October 25:	Pro D – No Students in session
November 1:	Hot Lunch



Important Reminders

Grade 5 Hoodie orders are now open on School Cash online
Freezies sold behind the school on Friday - \$2



Thank you to our wonderful PAC for watering our newly planted trees throughout the summer. We are so grateful for each one of you who offered up your precious time to support our school. Our trees are growing fast and looks beautiful!

We are thrilled to begin our second week at Willoughby and deeply appreciate your cooperation, flexibility, and patience as we adapt to both familiar and new routines. Our staff is diligently teaching routines and expectations, while the children are getting acquainted with their new teachers and classmates. The atmosphere in our school is one of cooperation and friendliness, with students showing a positive attitude both in their classrooms and on the playground. We look forward to collaborating with you and your children this year. Please stay informed about classroom and school events and continue to support your children in establishing and maintaining homework, home reading, and bedtime routines at home. This will help them feel prepared to embrace each new day.

Will My Child Be OK In a Split Class?

Here is a helpful article to explain the reasoning behind split classes. If your child is not in a split class this year, they might be next year. In a growing area like ours, it might be inevitable.

<http://chriswejr.com/2012/09/09/will-my-child-be-ok-in-a-split-class/>

We have a wonderful staff at Willoughby. All children will be in very good hands no matter which class they are in!



Agendas: These can now be purchased on the School Cash Online website for \$6.00 (Kindergarten students **DO NOT** need to purchase agendas). Please note that our student agendas include a handbook at the front that contains very important information about the District's Code of Conduct, Dress Guidelines, Fair Notice Policy, cell phone and technology use, our positive behaviour matrix, Zones of Regulation tools, and ways to support your child. Please read this information and discuss it with your children. Thank you!

Student Absences & Lates: To help us account for all students and ensure that everyone is safe, please remember to call the school if your child is going to be late or away due to illness, appointments, or vacation.

Submitting Absences

We have 3 ways you can submit an absence:

Website submission: <https://willoughby.sd35.bc.ca/submit-absence/>

You can email: WESAttendance@sd35.bc.ca

Phone attendance voicemail: 604-888-6033 ext. 1 (24hrs a day)

We would like to encourage you to make sure that your children arrive at school on time every day. This will lessen disruptions in the classroom and ensure that your child has a smooth and calm start to their day. We do know that sometimes students will arrive late. If this is the case, they need to come to the main entrance to sign in and get a late slip to take to their teacher.

Mrs. Bainbridge would like to thank all the parents for being so diligent in contacting the office to let her know of any absences. Thank you, parents.

Technology – iPhones/Smart Watches - AP Procedure 350 **Please take note**

[AP 350 zAppendix A Student-Code-of-Conduct.pdf \(sd35.bc.ca\)](#)

“At the discretion of the school Administration, personal digital devices are not to be used during non-instructional times, from the student’s arrival at the start of the day, to the student’s departure at the end of the day. This includes during recess, lunch, and other breaks. Students are encouraged to keep their personal digital devices at home. Any devices brought to school should be turned off and stored away in backpacks or lockers.”



Drop off and pick up – Please use the designated crosswalks



Parents, please do not park in the drop-off zone in front of the school. This is **ONLY** for dropping off your child and picking them up. If you would like to walk your child to class or pick your child up at the end of the day, please use the church parking lot across the street. **Please do not park on 80th** on the through road and leave your car unattended. It is blocking the traffic flow on 80th. RCMP will do regular checks. We have noticed that parents are cutting through the parking lot after dropping their kids off in the morning. Please stay on the sidewalk and do not cut through the parking lot. Please use designated crosswalks at the main entrance gate and on the East side of the school.

You're Invited to our Meet the Teacher Evening

When: Thursday, September 19 (6:00 – 7:00 pm)



We will begin the evening in the gym.

After we introduce our staff you will be invited to visit your children's classrooms to meet their teacher(s). A bell will ring when it is time to change to your other child's class.

Please note: Teachers will discuss individual students at *November's Student Inclusive Conferences

Communicating with your School

*Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read these helpful *Communicating with your School* guidelines for parents/guardians found on our District website [here](#). As an additional reference, review this one-page resource [here](#).*



Willoughby Elementary School PAC Meeting Agenda

Date: September 16, 2024

Time: 6:30pm

Location: School Learning Commons

1. Call to Order
2. Welcome, Land Acknowledgement, Introductions
3. Adoption
 - a. Agenda
 - b. June 2024 Minutes
4. Principal's Report
5. Chair's Report
6. Treasurer's Report
 - a. Present and pass financials, Gaming and General accounts for June-August 2024
7. DPAC Report
8. Committee Reports
 - a. Spirit Wear
 - b. Hot Lunch
9. Compassionate Support
10. Upcoming Fundraisers:
 - a. Community Values Coupon Book
 - b. Movie Nights
 - c. Fundscrip Gift Cards
11. Old Business
 - a. Playground Funds
12. New Business
 - a. DQ Birthday Treats
 - b. Welcome Back Event
 - c. Halloween Dance
 - d. Pancake Breakfast
13. Open Discussion

Next Meetings:

- a. Wednesday, September 25 at 6:30pm - Special Presentation: Langley School District Assistant Superintendent, in the gymnasium.
- b. Monday, November 18, 2024 at 6:30pm- PAC Meeting in the Learning Commons



Updates from the PAC

Welcome back , from the PAC!

Please check your children's backpacks this week for a welcome package from the PAC. This includes important information on how to order Hot Lunch and Spirit wear, and also all PAC event dates for the year. These details are also available on the PAC website:

<https://www.willoughbypac.ca/>

Friday, September 13 - Freezie Day (fundraiser)

- Bring \$2 to purchase your Freezie after school, at the back of the school.

Monday, September 16 - PAC Meeting

In the Learning Commons at 6:30pm

- All parents and guardians are welcome!
- Meetings are typically one hour and are a great opportunity to meet other parents, contribute your ideas, and help make decisions.
- We will go over plans for upcoming events and fundraisers. Parents are encouraged to sign up for committees that they may be interested in.
- We hope to see you there!

The Meeting Agenda is at the bottom of this weekly newsletter.

Thursday, September 19 from 5-8pm - Welcome Event

- In conjunction with Meet the Teacher Night.
- Join us to kick off the new school year. Meet other parents. Food trucks will be onsite.

Wednesday, September 25 - Special Presentation: Langley School District Assistant Superintendent

In the Gymnasium, 6:30-7:15pm

- All parents and guardians are welcome!
- Learn more about the catchment boundary changes, REMSS Family of Schools

September 10-24 - Spirit Wear on sale (fundraiser)

- Purchase online: munchalunch.com/schools/Willoughby
- Please see full details on the flyer below.

Hot Lunch online ordering is now open!

- The first hot lunch is on Friday, September 27.
- Details on how to order Hot Lunch are being sent home with students this week.

Willoughby
Elementary
PAC



SPIRIT WEAR

ON SALE SEPTEMBER 10-24



Coloured T-shirts

YOUTH: \$15
ADULT: \$20



Teachers will send home details on your child's team colour



Hoodies

YOUTH: \$37
ADULT: \$42



Full Zip Hoodies

YOUTH: \$47
ADULT: \$52



Sweatpants

(with pockets)

YOUTH: \$33
ADULT: \$38



Drawstring bag

\$15

Team colour shirts offered in light blue, green, yellow, and red.
Hoodies and pants available in black, navy and grey. Full zip hoodies in black and navy. Drawstring bag in navy.

Support our school!

There will be team colour days throughout the year!

Shirts will arrive in time for the first spirit day.

We are raising funds for classroom enhancements.

ORDER ONLINE:

<http://munchalunch.com/schools/willoughby>

SCAN TO
ORDER



CONTACT THE PAC WITH QUESTIONS: willoughbypac@gmail.com

Willoughby
Elementary
PAC

Welcome Event

WELCOME BACK WILLOUGHBY ELEMENTARY FAMILIES!

**JOIN US TO KICK-OFF THE NEW SCHOOL YEAR
MEET OTHER FAMILIES, TEACHERS, & STAFF**

THURSDAY, SEPTEMBER 19 • 5 - 8 PM

**(MEET THE TEACHER NIGHT)
AT THE BACK OF THE SCHOOL**

FOOD TRUCKS ON SITE!



**KONA
ICE**





Adolescence = Change

Becoming a teenager is a big transition for both young people and their families. Relationships and social changes affect all aspects of adolescent development. Concerns can arise around substance use, social media, school attendance or family conflict. Some youth may suffer from anxiety and depression.

Many parents and caregivers feel their teens don't listen to them. Sometimes they may feel pushed away and disrespected. Do parents and caregivers matter to teens? Actually, yes! Young people continue to need their caregivers and familial relationships, even though they are also developing their own social network. Being connected helps them thrive and cope with life's challenges in a positive way.

Does Connect Work?

Parents and caregivers say that Connect is extremely helpful. For example, they say that they feel less stressed as parents. They feel that they are more effective and competent in their parenting. They report improvements in their relationships with their children. They see fewer behavioural and mental health problems in their children. They also see their children function better in social situations.

So what is eConnect Online?

We know that Connect Parent Group is very helpful for families with struggling pre-teens and teens. But in-person Connect groups can be hard to access because of the physical distancing guidelines or rural geographical locations. This is why we developed eConnect Online. In eConnect Online groups, you learn the same principles and do the same exercises as in Connect. The difference is that the group will be delivered online in real time. In the at-Home version of the group, all the caregivers will join the group online from a private space in their own home each week. Together you will go through this 10-week journey. There will be a tech assistant who walks you through the tech side of things and is there for you throughout the group to support you and the group facilitators. The two group facilitators are experienced Connect facilitators associated with the Connect team at the Maples Adolescent Treatment Centre. They will be hosting the group from their home or workplace.

What is Connect?

Connect is a 10-week program for parents and caregivers of pre-teens and teens. It addresses changes that occur between teens and their parents or caregivers. It also helps them keep their relationship strong and positive. This can then help to protect the teens as they move forward in their journey to adulthood.

For 1.5 hours each week, parents and caregivers meet in small groups with two trained group facilitators. They learn about parent-teen relationships and adolescent development. They reflect on role-plays and do exercises. They discuss new ways of responding to challenging behaviours and intense emotions. They also receive handouts with key points to remember.

We understand that each child and each parent or caregiver is different. We also understand that change is part of development. So we do not teach only one way of parenting. Instead, we work together with parents and caregivers to explore the many ways they can support their children's healthy development.

Who Leads Connect?

Trained Connect facilitators lead Connect groups. Your group facilitators will work hard to understand the challenges you face. They will also work hard to support you and your relationship with your pre-teen or teen. Parents who take part in Connect tell us they feel respected and supported.

What Do Schools Say?

"It's really a wonderful program and we're receiving great feedback from teachers and parents..."

What Do Parents and Caregivers Say?

"The role-plays showed me how to handle different problems. Changes in the relationship are slow but well worth it, and the growth is incredible."

"They made me feel very positive and my confidence in myself as a parent has increased tenfold."



- ❖ 97% of parents feel better equipped to understand their child.
- ❖ 95% of parents feel better equipped to understand themselves as a parent.
- ❖ 86% of parents see positive changes in their relationship with their child as a result of applying what they learned.

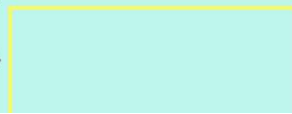
Moretti & Obsuth, 2009



Your feedback is important

We always listen to parents and caregivers. Every time a Connect group is provided, we make sure to get feedback from all the parents and caregivers in the group. eConnect Online is no different. We are interested in learning about your experience in the group. We are also interested in assessing how you and your child are doing before and after group. Because we are just starting with the eConnect Online program, your feedback is particularly valuable to us. It can help us figure out how we can further refine and improve the program. Your group facilitators will tell you more about the research we are doing. And then you can decide whether you would like to be a part of it or not.

To find out more about the upcoming eConnect Online group in your community, please contact



eConnect Online at Home

An Attachment-Based & Trauma-Informed Program via videoconferencing for Parents and Caregivers



Information for Parents and Caregivers



Connect Attachment Programs Series

Drawing

Classes for Kids



Young Rembrandts

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AFTERSCHOOL CLASSES AT: WILLOUGHBY ELEM.

Young Rembrandts teaches drawing, the fundamental skill of visual arts, to children. We intentionally offer child-friendly and relevant subject matter to spark children's interest and increase knowledge retention. Our classes are fun, engaging and offer children a safe, comfortable place to talk about art, learn drawing skills and have fun while surrounded by creativity and encouragement.



CLASS Dates: Sept.24-Dec. 17/24



DAY:TUESDAYS
TIME: 2:35 - 3:35 PM



Room: Library
\$280 for 13 weeks

*Excluded Days posted online



ENROLLMENT

Visit our website :

www.youngrembrandts.com/lowermainland



Pro D Day Camps In Fort Langley

Oct. 4/24 Safari Camp w/Urban Safari
9:00 AM - 3:00 PM Cost :\$65

Oct.25/24 Magical Halloween
Featuring " Gary The Magic Guy
9:00 Am - 3:00 PM Cost:\$65

Register Online

WE ARE HIRING...EMAIL OR TEXT FOR MORE INFO

Young Rembrandts Lower Mainland
Is proud to be a locally owned &
operated company!



604-724-7919

www.youngrembrandts.com/lowermainland

artsbc@youngrembrandts.com



Free Fall Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting October 2024 on Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register
today!



gv.ymca.ca/generation-health-community
generationhealth@bc.ymca.ca



University
of Victoria

